



AUTHENTIC WALKING AND HIKING TOURS SINCE 1985

The Heart of Lakeland

Self Guided

The Lake District lies in the county of Cumbria, in England's north west corner. It is the largest of British National Parks, and is famous throughout the world for its beautiful and dramatic scenery. The mountains rise from sea level to heights of over 3000 feet, and are intersected by lush green valleys, often containing lakes. There is also a wealth of history and heritage unrivalled in so small an area.

Day 1:

Arrival in Windermere. Meeting with our representative for a brief overview of the area and the itinerary. Overnight in Windermere.

Day 2:

Walk to Coniston via Hawkshead and picturesque Tarn Hows, with public transport available from Hawkshead if required (7 miles or 12 kilometres to Hawkshead, 11 miles or 18 kilometres to go the whole way, with 350 or 500 metres respectively of height gain). Overnight in Coniston.

Day 3:

Day in Coniston. Sightseeing or walking available. Overnight in Coniston.

Day 4:

Walk to Eskdale via Seathwaite in Dunnerdale, which many regard as the most beautiful and peaceful of the Lakeland valleys. A taxi rendez-vous can be arranged if required at Seathwaite around lunchtime (7.5 miles or 13 kilometres to Seathwaite, 12 miles or 20 kilometres to go the whole way, with 600 or 800 metres respectively of height gain). Overnight in Eskdale.

Day 5:

Day in Eskdale. Sightseeing or walking available. Overnight in Eskdale.

Day 6:

Walk to Wasdale Head via Burnmoor (6 miles or 10 kilometres, with 250 metres of height gain). There is a highly scenic (but longer) alternative for a fine weather day, through Miterdale and by the dramatic ridge of Illgill Head. Overnight in Wasdale.

Day 7:

Walk to Lodore via Styhead Pass and Seatoller in Borrowdale (where public transport is available if required). At Lodore catch the launch service to Keswick (6 miles or 10 kilometres to Seatoller, 11 miles or 18 kilometres to go the whole way, with 500 or 700 metres respectively of height gain). Taxi service from Keswick back to Windermere, or the final night can be booked in Keswick by special request.



HIGHLIGHTS

- The Incredible Lake District
- Windermere
- Wordsworth
- Scafell Pike

TOUR DATES

April to September

ACCOMMODATIONS

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